

Course Outline



Safe Loading and Unloading (flat bed vehicles).

A half day course on the various solution types (control measures) for loading and unloading flat bed trucks and trailers. The course reminds delegates of the Height Safety hierarchy and how this relates to the problem. The course then looks at the additional hazards associated with loading and unloading and how these should be included within the decision making. This can lead to choices that might, at first glance, seem not to follow the hierarchy.

- 08:30 Arrive and Coffee
- 09:00 Height Safety awareness and the Height Hierarchy.
The Work @ Height Regs, Avoid, Passive & Active, Collective & Personal, Fall Factors.
- 10:00 The various solution types including pre-slinging, collective prevention (staging and barriers), collective minimise height and consequence (safety nets and air/bean bags), personal prevention and minimise height and consequence (harness and lanyard solutions).
- 10:45 Coffee
- 11:00 The other hazards that need to be considered, and the impact the load has on the method decision.
- 12:00 Question paper. Q&A, Feedback
- 12:30 Aim to close.

Outcomes

On completion, the delegates will have a full understanding of the Height Safety hierarchy, and how it relates to the selection and use of the various control measures for unloading vehicles. They will understand the principles of fall factors and how to avoid, prevent, and mitigate falls.

They will know how to include consideration of the load and other hazards into the safety system decision, and "how" to apply the Height Safety hierarchy to the combined hazard. They will know the most common pitfalls and oversights in the selection of offloading safety systems.