

Course Outline



Preventing Falls in Scaffolding, SG4:10.

A full day course on scaffolding best practice, based upon the NASC document SG4:10, Preventing falls in Scaffolding. The course reminds delegates of the Height Safety hierarchy and of the application of this hierarchy within scaffolding activity. The course runs through SG4:10 in some detail, defining the Scaffolders Safe Zone and looking at the various access options, including MEWPs, Advanced Guardrail Systems, Advanced Guardrail Tools, Hop-ups and step ups, and the selection of suitable personal fall protective equipment (harness and lanyard). It explains many common errors. It then looks at "what to look for" in the selection and management of a Scaffolding contractor.

08:30	Arrive and Coffee
09:00	Height Safety awareness and the Height Hierarchy. The Work @ Height Regs, Avoid, Passive & Active, Collective & Personal, Fall Factors.
10:00	Preventing Falls in Scaffolding, SG4:10. The Scaffolders "Safe Zone" and forensic scaffold assessment.
10:45	Coffee
11:00	Scaffolders access through the Height Safety hierarchy, AGS, AGT, AGM, Hop up, step up. System scaffold methods.
11:45	Practical review of some equipment.
12:30	Lunch
13:15	Collective minimise height and consequence in Scaffolding (use of safety nets). Suitable harness, lanyards, and anchor points, and Rescue.
14:15	What to look for in a Scaffolding contractor.
15:00	Coffee
15:15	Question paper. Q&A, Feedback
16:00	Aim to close.

Outcomes

On completion, the delegates will have a full understanding of the Height Safety hierarchy, and how it relates to the selection and use of the various control measures in Scaffolding best practice. They will understand the principles of fall factors and how to avoid, prevent, and mitigate falls.

They will know the key content of SG4:10, Preventing Falls in Scaffolding, and the best practice advice for all manner of scaffold methods and systems. They will know how an erected scaffold is forensically assessed.

They will know what to look out for when selecting a scaffold contractor, and when to raise questions or concerns about the specialist work standard or access method used.

Delegates should come dressed for site work, with the necessary PPE.

A suitable external scaffold should be available for practical demonstration.